



Below is a list of the supplies that I will be using for the projects in this course. However, you are always encouraged to use what you have on hand.

Oil Paints

Listed are the colours I use in the lessons. I have provided some possible substitute colours in brackets.

Reds:

- Transparent Red Oxide (or Burnt Umber or Burnt Sienna)
- Cadmium Red (or Cadmium Red Light or Naphthol Red)
- Permanent Alizarin Crimson
(or Permanent Rose or Quinacridone Magenta)

Yellows:

- Cadmium Yellow (or Cadmium Yellow Deep or Cadmium Yellow Medium)
- Cadmium Yellow Light (or Lemon Yellow or Hansa Yellow)

Blues:

- Phthalo Blue (or Prussian Blue)
- Ultramarine Blue

Whites:

- Titanium White
- Zinc White (or Tinting White, Flake White, Mixing White)
- Naples Yellow

Optional:

Blacks:

- Ivory Black (or other tube black)

If you don't have black, you can mix ultramarine blue and transparent red oxide to create a black.

Brushes

If you have already been painting for a while, use what you are used to. Make sure you have a variety of small, medium, and large.

Here is what I will be using:

1.5 inch flat for toning canvas and blocking in large background areas. You can get by without this – I just like it for covering large areas.

Most of the paintings were created with 2 x 1” Rosemary Ivory Angulars. This is just a brush I’ve started to enjoy but you don’t need to use this. A No. 12 synthetic bright, or short flat would work the same. I have two to save me washing out between colours, but you could get by with just one.

I also use....

No. 6 Synthetic Flat

No. 8 Synthetic Flat

No. 4 Bristle flat for edges

Substrates

- Exercises and Studies: For the exercises, I recommend painting on inexpensive panels or oil canvas paper. The sizes I used for each lesson are listed below. You could use a larger or smaller size in the same ration if you prefer.
 - Lesson 2 & 3 Drawing for Painting – 12 x 12 inch
 - Lesson 5 & 6 Studies – 10 x 12 inch
- Still Life Paintings: For the final paintings I used a stretched canvas on timber frame. Use whatever surface you are comfortable with, but I recommend the same size or larger for the best results.
 - Lesson 7 - Pattern Play Apples – 12 x 12 inches
 - Lesson 8 - Pattern Play Oranges – 12 x 16 inches

Other

- Acrylic Gesso Primer
- Large 2-inch paintbrush and small roller from the hardware store for painting Gesso on substrates. I like to give my surfaces an extra coat to increase the seal of the surface. I’ve included a short video showing how I prepare them.
- Palette
A palette for mixing oil paint – I’m using a paper palette pad.
Metal Palette Knife for mixing paint.Solvent
- Solvent for Cleaning brushes

- I recommend you use an odourless mineral spirit like Gamsol. You will also need a2 x glass jars or containers for putting solvent in to clean brushes (like a recycled pasta sauce jar).
- Medium
 - I used Gamblin Solvent Free Gel as a medium for these lessons. You could also use a separate small container of solvent as a medium. You only need to dip the corner of your brush in. A little bit goes a long way.
- Rags or Paper Towel
 - Absorbent rags like old towels are great for absorbing any extra solvent left on your brush after cleaning.
 - Paper towels and rags are also useful for wiping brushes between colours.
- Moist Wipes – I use these for a final clean up of my hands and surfaces after painting. They cut through the paint on my skin better than soap.

Resources

An excellent website for applying a grid to your photographs to assist with drawing is:

<http://www.griddrawingtool.com/>

Divide it into 4 on each side and then do the same with your canvas

NOTE: FOR ACRYLIC ARTISTS

If you are using acrylic paint I recommend using a “slow dry” medium. There are many brands available. I have used Liquitex Slow Dri Gel which has worked well in the past. This will allow you to mix a colour and use it for a prolonged period without it drying too quickly.

I also recommend the following extra colours so you don't have to mix them each time if they dry.

- Orange (Cadmium Orange – or another generic orange)
- Violet or Purple
- Phthalo Green or a generic green