COURSE SUPPLIES

Below is a list of the supplies that I will be using for the projects in this course. However, you are always encouraged to use what you have on hand.

Substrates

- Exercises: For the exercises, I recommend painting on inexpensive panels or oil canvas paper size 8 x 10 inches
- Small Studies: You may like to paint on a canvas or panel for the flower and foliage studies. A quality substrate prepared with gesso will make it easier for your brush to glide and won’t absorb as much paint.
- Painting the Bouquet – Stretched Canvas. 10x12, 20x24, or 25x30 inches will all work. Pick the size you are comfortable with. I painted on a 20 x24 inch gallery-wrapped stretched cotton canvas.
- Bonus - Scaling Up – 36 x 36 inch gallery-wrapped cotton canvas

Brushes

If you have already been painting for a while, use what you are used to. Make sure you have a variety of small, medium, and large.

Here is what I will be using:

- 1.5 inch flat for toning canvas and blocking in on larger paintings
- No. 12 Synthetic Bright
- No. 10 Synthetic Flat
- No. 8 Synthetic Flat
- No. 4 Synthetic Flat
- No. 4 Bristle flat for edges

**Paint**

**Oil Paints:**

**Reds:**
- Transparent Red Oxide
- Cadmium Red
- Permanent Rose

**Yellows:**
- Cadmium Yellow (or Cadmium Yellow Light)
- Indian Yellow (or some other transparent yellow)

**Blues:**
- Phthalo Blue
- Ultramarine Blue

**White:**
- Titanium White
- Naples Yellow (used as a warm white)

**Optional:**

**Black:**
- Black Paint (optional…. – you can use a tube of black you already have or otherwise learn to mix a Black in the colour and value lessons)

**Medium**
- You can use a separate container of solvent as a medium. You only need to dip the corner of your brush in. A little goes a long way.
• On the larger paintings, I used a mix of half and half linseed oil and solvent.
• I also recommend Gamsol Galkyd Lite as a fast-drying medium or Gamblin’s solvent-free gel as an alternative for easy portability.
• You will also need a small bowl or jar lid to put your medium in so you can dip while you paint.
• I explain why you need the mediums and mixes during the class.

**Other**

• Acrylic Gesso Primer
• Large 2-inch paintbrush for painting Gesso on substrates
• Palette
  ○ A palette for mixing oil paint – I’m using a paper palette pad and
• Metal Palette Knife for mixing paint
• Solvent to clean brushes
  ○ I recommend you always use an odourless mineral spirit like Gamsol
• A glass jar or container for putting solvent in, to clean brushes (like a recycled pasta sauce jar)
• Rags or Paper Towel
  ○ Absorbent rags like old towels are great for absorbing any extra solvent left on your brush after cleaning.
  ○ Paper towels and rags are also useful for wiping brushes between colours.