



COURSE SUPPLIES

Below is a list of the supplies that I will be using for the projects in this course. However, you are always encouraged to use what you have on hand.

Substrates

- Exercises: For the exercises, I recommend painting on inexpensive panels or oil canvas paper size 8 x 10 inches
- Small Studies: You may like to paint on a canvas or panel for the flower and foliage studies. A quality substrate prepared with gesso will make it easier for your brush to glide and won't absorb as much paint.
- Painting the Bouquet – Stretched Canvas. 10x12, 20x24, or 25x30 inches will all work. Pick the size you are comfortable with. I painted on a 20 x24 inch gallery-wrapped stretched cotton canvas.
- Bonus - Scaling Up – 36 x 36 inch gallery-wrapped cotton canvas

Brushes

If you have already been painting for a while, use what you are used to. Make sure you have a variety of small, medium, and large.

Here is what I will be using:

- 1.5 inch flat for toning canvas and blocking in on larger paintings
- No. 12 Synthetic Bright
- No. 10 Synthetic Flat
- No. 8 Synthetic Flat

- No. 4 Synthetic Flat
- No. 4 Bristle flat for edges

Paint

Oil Paints:

Reds:

- Transparent Red Oxide
- Cadmium Red
- Permanent Rose

Yellows:

- Cadmium Yellow (or Cadmium Yellow Light)
- Indian Yellow (or some other transparent yellow)

Blues:

- Phthalo Blue
- Ultramarine Blue

White:

- Titanium White
- Naples Yellow (used as a warm white)

Optional:

Black:

- Black Paint (optional.... – you can use a tube of black you already have or otherwise learn to mix a Black in the colour and value lessons)

Medium

- You can use a separate container of solvent as a medium. You only need to dip the corner of your brush in. A little goes a long way.

- On the larger paintings, I used a mix of half and half linseed oil and solvent.
- I also recommend Gamsol Galkyd Lite as a fast-drying medium or Gamblin's solvent-free gel as an alternative for easy portability.
- You will also need a small bowl or jar lid to put your medium in so you can dip while you paint.
- I explain why you need the mediums and mixes during the class.

Other

- Acrylic Gesso Primer
- Large 2-inch paintbrush for painting Gesso on substrates
- Palette
 - A palette for mixing oil paint – I'm using a paper palette pad and
- Metal Palette Knife for mixing paint
- Solvent to clean brushes
 - I recommend you always use an odourless mineral spirit like Gamsol
- A glass jar or container for putting solvent in, to clean brushes (like a recycled pasta sauce jar)
- Rags or Paper Towel
 - Absorbent rags like old towels are great for absorbing any extra solvent left on your brush after cleaning.
 - Paper towels and rags are also useful for wiping brushes between colours.