COURSE SUPPLIES

Most lessons start with a warm up gestural painting exercise to loosen us up, get the paint moving and find our mojo. All of the lessons are done BIG on paper on a drawing board, however some of the exercises you may prefer to do in a sketch book etc. The materials needed are simple if not always conventional (a trip to the DIY store may be in order).

- Large sheets of mixed media paper. The bigger the better.
- ‘chuck away’ paper for exercises wallpaper, brown paper, old work etc
- Black soft charcoal pencils
- Black Stabilo ‘marks all’ pencil
- White gesso
- Selection of flat edge brushes 1 ½inch, 1inch, ½ inch etc
- Acrylic paint- please use what you have, these are purely a suggestion.
  o White
  o Titanium buff
  o Naples yellow
  o Yellow oche
  o Burnt sienna
  o Red oxide
  o Pale olive green
  o Turquoise
  o Prussian blue
  o Sage green
  o Sky blue
- Black ink or acrylic
- Oil sticks, pigment sticks or oil pastels
- Variety of vibrant colours
- Water spray
- Kitchen roll
- Wet wipes
- Spatula/credit card
- Large household brushes (the scruffier the better)
- Plasterer’s scraper
- Sponge
- Tissue paper
- Collage paper - I use old maps
- Stencils
- White household paint
- White craft glue
- Plaster of Paris or talc